



Unit 9

Supporting Children's Learning through Play

- Describe the importance of play and leisure for children **(1.1)**
- Describe how play and leisure contributes to children's development **(1.2)**
- Describe the characteristics of freely chosen, self-directed play and leisure **(1.3)**
- Explain the terms; adult led activities, Child-initiated activities & spontaneous experiences **(2.2)**
- Describe why is it important for children to manage risk and challenge for themselves **(3.1)**
- Outline the requirements of the UNCRC in relation to relaxation and play **(Unit 1 - 3.2)**