



## Level 3 Diploma for the Early Years Practitioner (Early Years Educator)

### Assignment for Unit 307 Promoting children's health and welfare in an Early Years setting

\* This assignment is available electronically, as a Microsoft Office 'Word' document.

This assignment can be presented in any format.

#### Outcome 1

1.1 Outline the current health and welfare early years requirements and statutory guidance

1.2 Outline the links between legislation and the themes and principles in the early years sector

#### 1.3 & 1.4

Identify the different minimum requirements for staff to child ratios, within the early years statutory guidance and explain the importance of staff to child ratios, with regard to children's safety.

1.5 Cross-reference to Health and Safety Unit 308 (1.3)

#### Outcome 2

2.1 Explain the personal care factors which affect children's health and well-being in the setting. (Refer to standards for range)

2.2 Outline the signs and symptoms of the common childhood illnesses, include where appropriate, the exclusion periods (minimum of 8).

2.3 Cross Ref to Health and safety task and 308 outcome 3.

2.4 Explain how you promote children's health and well-being in your setting. Give examples.

2.5 Name and describe the roles of key Health Professionals, including what Professional advice they might give in promoting positive health and well-being of children.

2.6 Explain why a positive environment and routine is important in meeting the needs of the children.

**2.7** Research and explain the current immunisation programme that is available for children from 0 - 7 years.

**2.8** Explain in detail why physical activity is important in promoting good health in children.

### **Outcome 3**

**3.1** Explain how to prepare and store food, formula and breast milk safely, according to health and safety guidelines.

**3.2** Research the current government guidance on nutrition and hydration needs of children. Your answer should include a range of local and National initiatives.

**3.3** Explain why it is important to follow carers' instructions in respect of a child's:

a) Food allergies?

b) Intolerances?

c) Special diet?

d) Cultural preferences and requirements?

**3.4** Below is a list of various areas in food management. Describe how your setting approaches each of the following (Your answer should also include partnership working with parents and carers):

Portion Control

Balanced Diets

Food Phobias, allergies and intolerances

Hygiene